

# What happens when you look in your closet?



Do you feel frozen - staring at enough clothes to fill a barn while thinking I've got nothing to wear? Like last year's boyfriend, do you think that if you wait long enough the clothing in your closet is going to come back? Did you spend a lot of money on it and you feel that you haven't worn it enough? Do you buy clothing in multiples and then want to kill yourself with boredom two months later? Do you love a good bargain and have clothing with price tags still attached? Do you like to shop but have a hard time letting go? Do you hate to shop and continually wear the same clothing season after season? Do your friends make fun of what you are wearing and chide you to break out of your own box?

If you answered even yes to one of these questions above: The good news is you are not alone.

What you are feeling are symptoms of an over consumptive culture. We buy therefore we feel better, but sometimes only momentarily.

- Do your purchases make sense for your budget?
- Are you buying to fit into the current trends but feel frustrated?
- Do you shop emotionally?
- Do you dress the part you hate and not your whole body?

If you could have a fashion stylist on speed dial or on Ichat, wouldn't it ease a lot of your anxiety.

Well now you can. Using a stylist isn't just for the rich and famous. I have clients of all economic situations. The proverbial red carpet doesn't just exist during award season. We all have red carpet moments

Getting dressed is saying to the world. Here I am. What do you think? It is the "what do you think" part that I can help you with.

What do you think of yourself when you get dressed for special occasions or just running to the market? Are you always waiting to honor yourself with the wardrobe of your dreams when you lose those extra pounds.

Life is now. You have to dress who you are at this moment. Having goals is fantastic and you should celebrate whatever it is your are doing to be a healthy, well balanced person. If you are not celebrating the point in your life where you are at now, you will NEVER enjoy your finish line.

- Do you feel that you understand how to wear clothing?
- Do you feel that you wear clothing the way you want to?
- Do you wear your clothing on the nose? Never mixing it up.

There is no greater expression for a man or women when you are connected to the clothing that you are wearing. When you feel your best, you perform at your best. Awards aren't only at the Oscars. You are living proof among the people that love you in your life. You deserve to honor yourself and be the very best that you can be. Getting dressed should be fun and a new adventure into the different aspects of your personality each and every day.

Are you hiding your inner rocker? Or our inner bohemian? Getting dressed for work should not take away your weekend personality. I always tell clients to buy what you like and make it work for your life. The protocols for work are rapidly changing. We have become a tee shirt and jeans culture. With all this informality upon us sometimes it is hard to remember to mix a little work with a little weekend for a confident combination for the dress codes of your life.

Getting dressed is a right of passage and enjoying it is celebrating you and who you are and the journey you are on.

Get started today working with me, and I promise you will leave with a whole new approach to who you are and how you have been viewing your self and your body.

I will work with you to achieve the following:

- How to dress your positive assets versus always looking to hide a body part.
- Understanding that how you see yourself can be based in the negative instead of the positive.
- How to feel confident when you get dressed each and every morning.

Confidence creates compliments.

- Understanding that you have more to work with in your wardrobe than you think.
- Keep you on point where you are spending too much money and help you fill in the areas that are depleted.
- How to wear the fun trends that work for your body and age.
- How your clothing should fit by working with a tailor. Does your hair and makeup connect you to your wardrobe?

These are all the questions that I have helped clients with for the past 5 years and for 8 years prior as a top modeling agent handling model turned actresses - **Charlize Theron, Shannon Elizabeth, Rebecca Romijn** and many more.

Even the most physically blessed person in the form of beautiful young models are developed into the supermodels and fashionistas they become on the red carpet. Have you ever noticed how models turned actresses wear clothing differently than actresses that were never models prior. That is because they were developed and I had a hand in developing hundreds of women and now I am here to help you. In your session you will:

- Have your wardrobe pruned and cleared out to what fits you and what works for your body right now.
- I will teach you how to resell your clothing to make money for the next season's must-haves Your wardrobe is like playing your own game of Stocks. You will learn how to buy and when to sell.
- I will teach you to buy off price so when you do sell your clothing your ROI is higher.
- I will teach you that how your clothing fit is more important than the tag that hangs inside.
- I will teach you how to dress the part of your body that you have a harder time with as a complete package.
- I will create fun, compelling, eclectic outfits that you can simply import into your computer and Voila...Outfits for every occasion.

My services are designed to create the best you inside and out as when I am invited into a client's home, it is never about the clothing and always about the inner transformation waiting to take place.

Quite often the most dramatic elements can be occurring in your life.

- You have begun a new job.
- You may be going through a divorce or break- up.
- You are renovating your home.
- You have had a death in your family and are clearing away clothing from your loved ones.
- You have just gotten married.
- You are getting promoted.

It is very common to have your whole life shaken up at once. Clients are very often going through a multitude of changes when they seek out my services.

So, what are the perks of working with me?

- I bring in some of the best Los Angeles and NY designers carried in your favorite boutiques all at wholesale as if you are sitting in the designers showroom without a single dollar marked up for me.

Hands down, if you only utilize me for my designer contacts you have already monetized your investment.

- I have a very detailed eye for how clothing should fit and can rework any garment into countless other possibilities.
- I am known for reworking sentimental favorites from your stylish grandmother, to your 21st birthday crystal sequined ensemble that you want to rock in its more current creation for your 35th birthday.
- I know how to shop second hand and at the flea markets to create the looks right out of this month's magazines for pennies of the designer price tag
- I know where to cheat and where to splurge. A nice coat, begets a mid price handbag. A more expensive handbag allows a less expensive coat. Playing with the opposites. I will teach you that not everything should be expensive.

Once we have finished our sessions together. You are never alone. You can email me your latest handbag purchase that you may be unsure of or the shoes that you bought on a whim.

Your life is happening right now. Don't wait another moment to be apart of it.